


| PROGRAM: |  | (All quick time dances: 3 x ; All strathspeys: 2 x ; Nottingham Lace: 1 x ) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Act I: | Wind Dragon | Act II: | Bea's Delight | Act III: | Rory O'Mor |
|  | Rose of the North |  | Mr Abercrombie's BC |  | My Jo |
|  | St Andrew's Fair |  |  |  | Nottingham |

## Additional Teaching Notes:

## Wind Dragon

1C should stay close together during the shadow reel.
2C must keep the cast at the end of the shadow reel tight to get into $3^{\text {rd }}$ place in time to begin the allemande. 3C should dance in to $2^{\text {nd }}$ place (using skip change on the left foot) on bar 8 of the previous phrase to make room for $2^{\text {nd }}$ couple in $3^{\text {rd }}$ place.

A 3-couple allemande normally begins with a step to the right while the top couple also pivots. In this case, the dancers will not move much to the right at all. Arms should go up together on bar 1 of the phrase.

## Rose of the North

A larger (wider) set is suggested.
3-couple rights and lefts must be carefully covered. Hands should be given at shoulder height. Watch for "floating free arms." The dancers who will be changing places diagonally on the next 2-bar phrase (and only these two dancers) can cut the RH cross slightly short. Long steps are needed for the diagonal crossing.

1C should be back-to-back in the middle as they start set to \& turn corners (forming a clear diagonal line across the set). Watch this especially on bars 20-21, after turning $1^{\text {st }}$ corners.

1 C and $2^{\text {nd }}$ corners should retain hands as they flow into the circles to the left.
2C and 3C finish the circle early (on bar 3 of the phrase).
3C must step up on bars 31-32 as 1C petronella into $3^{\text {rd }}$ place.

## St. Andrew's Fair

Watch the phrasing on the $1^{\text {st }} 8$ bars. 1C need to take longer steps on bars 3-4 and shorter steps on bars $7-8$. They should finish bar 8 slightly behind the set lines so that the next phrase can be covered.

Watch the covering on bars 9-12 and 25-28. Dancers should be lined up. Turns should be kept in the middle of the set - don't stretch out the arms too far.

The chases on bars 13-16 and 29-32 are along the set lines. Leaders should cut straight across to start. On bar 16, 2W and 3M should cut in a bit to help flow into the circle.

Keep the circle tight. Keep the steps to the left rather small, and the steps to the right a bit longer. Dancers must finish the circle on the sidelines, so 2C and 3C need to let go of hands early.

## Bea's Delight

Turn on bars 1-2 and 17-18 is about 5/8. Dancers should finish in a zigzag line with elbows bent. 1 M and 2W shouldn't have to move far to join in the balance in line.

Watch the setting during the balance in line. It needs to be together.
1W finishes bar 8 facing out, ready to start the RS reel with 3C. Reels are a full 8 bars.
3M needs to be ready for bar 17.
1W finishes bar 24 facing out, ready to flow into the figure of 8 by dancing out behind 2 W .

## Mr Abercrombie's Border Collies

Turn for 1C on bars 9-12 is quite slow.
2 C and 3 C must remember to do a full RH across on bars 13-16.
3 W and 2 M must yield a bit to 1 C , who will be dancing around them on bar 16 to come into $2^{\text {nd }}$ place on partner's side.

## Rory O'More

When all 4 couples are dancing, all take hands along the sides for the advance \& retire (bars 1-4 and 912). Middle 2 couples should drop hands as they start the arch figure.

## My Jo

Note that bars 17-24 contain a 4-bar figure that is "across the phrase."

## Nottingham Lace

Bow \& curtsey to partner to start.
2C and 4C must drop hands quite early in the circles on bars 37-40 to allow time to open out into lines across (likewise for 1C and 3C when the figure is repeated on bars 61-64).

Finish facing partner for bow \& curtsey. Then turn to bow/curtsey to audience.

